

**Special points of interest:**

- Climb Kilimanjaro for CPA!
- Choba School funded and created in a few months
- Excellent progress on Tinga Tinga Chakula House
- CPA is looking for a substantial donor to fund a project to build an orphanage.

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## The two Laura's help and inspire Community Projects Africa in 2008

Community Projects Africa is helping **Laura Clark** to realise a dream. – to build two classrooms for the school at Gelai Village in the Masai lands of Tanzania. Laura wrote to us after trekking through the beautiful Rift Valley area of Tanzania and meeting the elders and school staff at remote Gelai Village. The school is supposed to provide facilities for over 450 children from the area and this is presently done in four classrooms. Laura's promise was to try to come back with a team of volunteers and help the Masai to build the two



*Masai School Children*

new classrooms.

Through our links with Community Challenge, a company specialising in sending corporate groups and individuals to work on projects in the developing world, we were able to set up a "build" in October later this year. Laura and a team, joined by CPA trustee and secretary

Jeremy Gane, will take a Community Challenge group to spend one week working on the Gelai school project. Funds they raise will go towards building materials and local labour such as bricklayers and carpenters.

**You can join this group – it will be fun and it will do lots of good. To learn more please visit the Community Challenge web site ([www.communitychallenge.co.uk](http://www.communitychallenge.co.uk)) and see the programme under Destinations/Tanzania.**

**Laura Henderson** climbed Kilimanjaro February 2008 with Charity Challenge and raised more than £1800 for CPA. Laura wrote to us: "Following a trip to Kenya in 2006 I wanted to do my bit to help some of the poorest people in Eastern Africa. Climbing Mount Kilimanjaro for Community Projects Africa seemed an ideal way to do this so that

by experiencing the trek of a lifetime I felt I was also putting something back into the Tanzanian community. The trek itself was an amazing experience and whilst being one of the hardest things I've ever done it was also one of the most fantastic things I've ever done. The feeling of waking up in the morning to be on the edge of the

highest mountain in Africa and far away from all the luxuries of modern living was great and the guides and the rest of the group were brilliant. We were climbing and hiking for 7 days allowing time to acclimatise to the altitude. It rained (and snowed!) almost every day which added to the difficulty but when the clouds lifted each

## Laura's story continues...



Laura Henderson's Summit

evening and our target, Kibo, came into view with some of the most beautiful sunsets I've ever seen it was all worth it.

On summit day we were walking for 17 hours and reached Uhuru point, the highest in Africa, on Wed 23rd February absolutely exhausted, oxygen deprived and freez-

ing but what an amazing feeling to be there!

I thoroughly enjoyed the experience and would recommend it to anyone, I also made some fantastic friends to share the experience with!"

"it will help  
get rid of  
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folds"

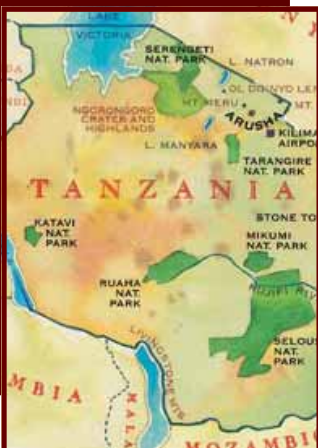
### So why not have a go and climb Kilimanjaro for CPA????!

You can do this with our preferred partner Charity Challenge. They offer "open" climbs for those people who want to join a group but raise money just for their own preferred charity. And your preferred charity is CPA!!! Jeremy Gane has climbed Kili 20 times and he will be happy to give

you advice about the routes, kit and training.

By joining an open challenge with Charity Challenge the funds you raise will go to CPA. Go on – it will help get rid of those extra tummy folds you did not want, and it will enable you to visit far and exotic places. Of

course you should think of choosing a Tanzania challenges such as Footsteps of the Masai or the Kilimanjaro Trek; but there are many other challenges in many other countries – should you want to try something different. Go to [www.charitychallenge.com](http://www.charitychallenge.com)



### Progress report about a few of our projects

For information about all of our projects, please refer to our website. The link is shown below..

[www.communityprojectsafrica.org](http://www.communityprojectsafrica.org)

## Arkwasylie Project, Simien Mountains, Ethiopia



BDO Stoy Hayward, one of our key corporate sponsors, sent their second group on a trekking expedition to the remote village of Arkwasylie in November 2007. Since November 2006 CPA, working with the NGO – GRRDA, has been sending Health Officers to the region every two months. The latest BDO group reported back that the

two health officers have been visiting regularly and it appears that their work is having a strong impact as virtually no trauma treatments are now necessary. Instead they are carrying out regular, standard

health aid programmes such as vaccinations, education, help with child birth and child care. GRRDA ask that we employ two more health officers to enable more frequent visits and to have backup for the present team. This was agreed to be a good plan. We shall not go ahead with building the new Health Post until Arkwasylie village is re-

located – hopefully later this year. We have been advised by GRRDA to locate the new Health Post near the Arkwasylie school and this has been agreed. In this way fencing and security can be shared by both the school and the Health Post. The school near Arkwasylie Village received USD2000 worth of educational materials carried in by mules which accompanied the November 07 Charity Challenge group from BDO Stoy Hayward. We shall be sending more supplies to the school later this year. These will include books, footballs, generator and tape recorder with microphone



## Choba Primary School...

...funded and created in a few months! Our roving trustee and key project inspector Valerie McGivern identified in the spring of 2007 the need for a primary school at Choba Village, near Pangani on the Tanzanian coast. With essential funds raised on the gruelling Borneo Challenge by Joy Skipper, founder of CPA, Valerie was able to work with the villagers to construct a simple primary school classroom, register over 50 pupils and bring primary education to a particularly impoverished part of Tanzania – all within one year! The children have just celebrated the end of their first term with a Parents Day also attended by a host of local dignitaries who could not have been more compli-



mentary. The 50 children, aged between 3 and 6 years old, demonstrated what they have been taught by their 2 excellent young Tanzanian teachers. This included singing, dancing, recognising fruits, vegetables and parts of the body, writing, counting and simple arithmetic. This was all in English – in a village where there are only 3 adults who speak any English at all!!

This project is an excellent opportunity for a donor to become involved in a highly personal project that for a very small outlay is having a huge impact on the lives of the people of Choba. The school still has no door or window frames and needs to be plastered and painted outside. The teachers need to be paid and money to cook porridge for the children provided – they are never fed before they leave home. So please help these children from a subsistence farming village break the cycle and have a good start in life.

***“The children have just celebrated the end of their first term”***

## Tinga Tinga Chakula House

Maureen Hilton wanted a useful memorial to be created in memory of her sister Kath. When visiting Tinga Tinga school, Maureen became aware of the appalling conditions in which school meals were cooked and eaten. With Maureen's start

up funds, CPA was able to combine forces with the Dutch charity Rafiki Tanzania to raise the balance of funds to build a completely new cooking and study building for the school. Excellent progress – the entire building was finished by end of January

this year. This building replaced the old kitchen and eating area (see photo) with a purpose built kitchen, food studies area, and



store. We shall later this year be providing replacement cooking utensils.

**The above projects are only a part of the work now being done by CPA in Africa. Please visit our web site and link to the full report on all our projects or request the report from the charity.**

## New Projects...

### African Community Training Centre

Apart from the Gelai School classrooms mentioned at the beginning of this Newsletter, we are continuing in other ways to follow one of the founding principles of the charity – to support education in schools and vocational training programmes. With the launch of the new African Community Training Centre (ACTC) in summer 2008 we shall be adding to the vocational training initiatives we support already such as Cypress Hill at Monduli and Mweka College on the slopes of Kilimanjaro.

ACTC is to be located in Arusha, the meeting and safari centre of Tanzania. We are leasing the old offices of Tanzania Travel Company and the premises was recently refurbished by them at a cost of nearly USD20,000. The



set up of ACTC will be managed by our Tanzanian partners at ACEDE. Mr. Karoli Secretary of ACEDE writes: *"The Training Center will provide Tanzanians with different skills such as tailoring, cooking skills for women, carpentry, masonry, plumbing, vehicle mechanics, English Course, health skills for rural auxiliaries, simple skills for tourism or camp support such as camp waitress, camping*

*tents, camp cooking and health and safety. We believe this will enable youth and other people to be trained in the centre be self reliant or employed elsewhere".* The premises will also act as an Information Centre representing the work of the charity in Africa and displays will be made available for visiting tourists (many pass through Arusha) and government officials, funding organisations, and the Tanzanian public. ACEDE will have an office on the premises and more and more our projects in Africa will be managed at ACTC.

## Shashui Irrigation Project Phase 3

Supporters of CPA will know that we have already funded Phases 1 and 2 of this important project. Now we seek support to fund Phase 3 – the final phase, which will bring water from the main

inlets to the domestic water points. It is most important that this project is completed so that all the villagers, and not just a few, will benefit from the provision of clean and safe water. Please con-

sider donating funds or joining a Community Challenge 10 days challenge to work on the project and to raise sponsorship. Shashui is in the beautiful Usambara Mountains of Tanzania – a place known for numerous endemic species of flora and for breathtaking scenery. **Please contact us if you would like to support this project.**



## The Orphanage at Engaruka



Laura Clark has identified another project that is crying out for support. In 2007 while passing through Engaruka a village below the Rift Valley escarpment of Tanzania, she visited the school there. What she found horrified her – over 40 children housed in a small, run down building with bunk beds sleeping around 3 kids per bed. Sick children were laid outside on mats to “isolate” them from the others. The school and orphanage toilets are primi-

tive beyond belief and must be replaced.

CPA is looking for a substantial donor to fund a project to build a proper orphanage and then fund qualified staff, who will care for the children. ACEDE is to visit Engaruka and produce a project proposal and costing. Please let us know if you are interested to support the Engaruka Orphanage.



“Sick children were laid outside on mats to “isolate” them from the others”

# Fundraising—how you can help

The work of CPA is funded by financial donations and gifts in kind from generous organisations and individuals around the world united in wanting to make a lasting difference in helping impoverished people living in East and South Africa.

There are a number of ways in which you can help support the work of CPA including:

- By making a financial donation to help fund one or more CPA projects.
- By nominating CPA as your corporate charity of the year.
- By encouraging friends and colleagues to participate in a CPA

fundraising expedition eg climb Mount Kilimanjaro, trek with the Masai in the Rift Valley or cycle in the Usambara Mountains and support one of the many CPA projects in Tanzania; climb Mount Kenya and raise fund for St Francis Orphanage and Primary School; trek in the Simien Mountains of Ethiopia and help the Arkwasylie medical aid project; trek in South Africa and support the Keiskamma AIDS treatment programme. Why not visit [www.charitychallenge.com](http://www.charitychallenge.com) and choose a fundraising expedition that suits your level of fitness



and your budget—there are lots of open expeditions to choose from which individuals and small groups may join.

- By donating your corporate services or supplying gifts in kind for specific CPA projects.

**Making a donation is the first step—CPA ideally needs supporters that are committed to working in partnership. CPA aims to develop sustainable relationships with its supporters — becoming involved is very important... Staying involved even more so!**

**Trustee Jeremy Gane is running the London Marathon for CPA this year on 13th April. You can support him and the charity by donating at [www.justgiving.com/jeremygane](http://www.justgiving.com/jeremygane).**



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## Our commitment to you

Much of the expansion of CPA's work is due to the support received from Gane & Marshall tourists and Charity Challenge expeditioners.

As Jeremy Gane, CPA Trustee, is also a director of both of the aforementioned companies, CPA approached the Charity Commission in 2006 to establish an understanding of how to manage any conflict of interest that might arise because of the charity's relationship with Gane & Marshall and with Charity Challenge.

Following these discussions, CPA has implemented a best practice that ensures that no trustee should be involved in any decision making process that might lead to them gaining financially from these relationships.